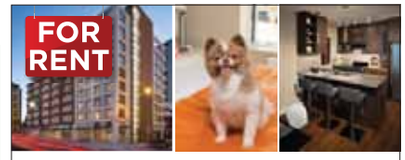
VANCOUVER metro®

NEWS WORTH SHARING.

Pot without the munchies

...and the celebrity behind the idea. Page 15



A LANDLORD WHO'S THERE FOR YOU

IN A BRAND NEW RENTAL APARTMENT THAT LIVES LIKE A BOUTIQUE CONDO.

- The sunny, rooftop entertainment lounge is WiFi equipped
- Designed, built, and managed on site by Bosa Properties
- One bedrooms from $1595/mo

BOSA PROPERTIES

FALSE CREEK

Apply at bosa4rent.com
Open 11am – 5pm
Closed Mon. & Tues.
180 Switchmen St
(near Main & East 1st)
604.412.0316

The Developer reserves the right to make changes to the information contained herein. Bosa False Creek is developed by Bosa Properties (Lido) Inc. E.&O.E.

THE FINAL CHAPTER

People pass in front of the Chapters store at Robson and Howe streets in downtown Vancouver on Monday. Indigo Books & Music Inc. announced the location will close on June 30. Story, page 3. JONATHAN HAYWARD/THE CANADIAN PRESS

Hockey group mulling ban on parents

Sport. Vancouver Island Amateur Hockey Association blames a minority of spectators for verbally abusing officials, players

THANDI FLETCHER
thandi.fletcher@metronews.ca

The Vancouver Island Amateur Hockey Association is considering the "drastic measure" of banning all spectators at weekend minor hockey games to stop verbal harassment against on-ice officials.

VIAHA president Jim Humphrey said verbal abuse against on-ice officials and players has become such a problem that the hockey association is considering a "spectator-free weekend."

"It's very serious," Humphrey told Metro. "The sad part of it all is it's such a minority amount of parents that are causing this problem."

Humphrey said parents verbally abusing referees and players has been an ongoing issue for more than a decade, but in recent years it has become much worse and is causing officials to leave the sport.

"We are now losing more game officials than we can recruit in a year," he said.

The proposed ban would restrict access to all "cold areas" of arenas on Vancouver Island during games. If spectators refuse to comply, Humphrey said referees would ask the teams to leave the rink and cancel the game.

Humphrey called on parents to get involved and ask those who are being inappropriate to stop or leave the arena.

"We're hopeful that parents, when they witness these people that are misbehaving, those that know them will go to them," he said. "It's our plea for help."

Earn a Median Wage of

$23.75/Hour as a Construction Technician

Statistics from WorkBC. Low Wage: $16.00/hr. High Wage: $40.38/hr.

Complete Your Construction and Drafting Diploma in

LESS THAN 9 MONTHS

100% Practicum Placement • Flexible Schedules

Call Today! 604-901-5121

FREE Info Sessions Mondays and Wednesdays, Burnaby Campus

Better Training. Brighter Future. Brighton College.

www.brightoncollege.com

You are invited to an **INFORMATION SESSION**

PHARMACY TECHNICIAN Diploma Program

INFO SESSION

Pharmacy Technicians are a critical part of the health care team. Working closely with Pharmacists, they ensure that the highest standards of quality and accuracy are met in the compounding and dispensing of drugs that are vital to the survival and well-being of their patients. This 41 week program prepares grads for positions in a community or hospital pharmacy. Full accreditation from the Canadian Council for Accreditation of Pharmacy Programs (CCAAP).

Tuesday, Jan. 20, 2015 · 7:00 pm – 9:00 pm

Stenberg College - Suite 750 -13450 102nd Avenue, Surrey (Central City Tower)

Please RSVP by email to rsvp@stenbergcollege.com
or by telephone: 604-634-0384

Faculty, Industry & Alumni speakers
Q & A · Refreshments & Networking with employers

All attendees will receive
$250 Bursary for next start
on March 4, 2015
(Cannot be combined with other offers)

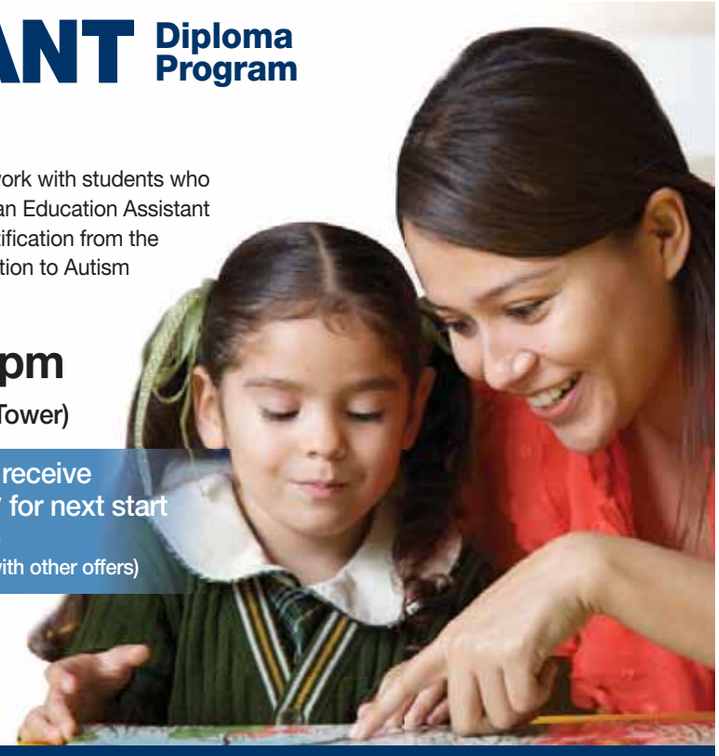
LEARN **ONLINE** **Guided online learning, instructor-led, in a highly supported environment**

STENBERG COLLEGE **604-580-2772 · stenbergcollege.com**

You are invited to an **INFORMATION SESSION**

EDUCATION ASSISTANT Diploma Program

INFO SESSION



As an Education Assistant you'll assist elementary and secondary school teachers as they work with students who may require additional support for academic, ESL, behavioural and special needs. Become an Education Assistant in just 40 weeks including 8 week practicum. Earn up to $25.13/hour to start. Training & Certification from the Provincial Outreach Program for Autism and Related Disorders (POPARD) including Introduction to Autism Spectrum Disorders & Introduction to Applied Behaviour Analysis.

Thursday, Jan. 22, 2015 · 7:00 pm – 9:00 pm

Stenberg College - Suite 750 -13450 102nd Avenue, Surrey (Central City Tower)

Please RSVP by email to rsvp@stenbergcollege.com
or by telephone: 604-634-0384

Faculty, Industry & Alumni speakers
Q & A · Refreshments & Networking with employers

All attendees will receive
$250 Bursary for next start
on March 7, 2015
(Cannot be combined with other offers)

Our Education Assistant program is available IN-CLASS or ONLINE. Our "online" programs are delivered in a combined delivery format: Guided online learning combined with site-based elements for orientation, lab/skills-based instruction and work experience placements.

STENBERG COLLEGE **604-580-2772 · stenbergcollege.com**

Rent spike. Chapters to move from Robson St.

Chapters is closing its doors on Robson Street because of a hefty rent increase in Vancouver's most expensive retail hot spot, the company announced Monday.

Indigo Books & Music Inc., Canada's largest book retailer, intends to close the store on June 30 and open another location in the same trade area this year.

"With a very significant rent increase recently at our Chapters Robson store, the new terms are simply untenable for us to stay in that location," CEO Heather Reisman said in a statement.

"An increase of this magnitude would quite simply make this vibrant, profitable store unprofitable."

It's not clear how many employees will be affected by the closure or transition to a new location.

Vancouver's Robson Street is the second priciest retail strip in Canada after Bloor Street in Toronto. Rentals range anywhere from $120 to $300 per square foot depending on the cross street, said Raymond Shoolman, a senior consultant at DIG360.

While it could be hard to find a tenant for such a large space, Shoolman said the landlord may have someone in waiting if they weren't willing to negotiate a lower price.

"The area is the most desired area in the city right now, particularly with Lululemon coming closer," Shoolman said, adding that businesses also want to be located near the Nordstroms slated to open this fall.

EMILY JACKSON/METRO

Solitary confinement system arbitrary: Suit

Prisons. Current system allows prisoners to be isolated up to 23 hours a day for an indefinite number of days

MATT KIELTYKA
matt.kieltyka@metronews.ca

The B.C. Civil Liberties Association (BCCLA) and John Howard Society of Canada are taking the federal government to court in a bid to end arbitrary solitary confinement in prisons.

The groups argue that the administrative segregation regime in prisons — which allows prisoners to be isolated up to 23 hours a day for an indefinite number of days — is unconstitutional and amounts to torture.

The two rights organizations launched a lawsuit Monday against the Attorney General of Canada in British Columbia Supreme Court.

"These are very serious violations of prisoners' fundamental rights and freedoms that cannot be justified by the government," said lawyer Alison Latimer, who filed the lawsuit.

"The regime is arbitrary, it's grossly disproportionate to any legitimate state objective and it fails to accommodate for the mentally ill."

Under the administrative segregation process, prisoners can be placed in solitary confinement for days, weeks, months and even years on end if there is a perceived safety risk to the prisoner, general population or staff.

Carmen Cheung, left, of the British Columbia Civil Liberties Association speaks with Julia Payson of the John Howard Society following a news conference in Vancouver on Monday. JONATHAN HAYWARD/THE CANADIAN PRESS

Unlike disciplinary segregation — for actual offences committed in prison — there is no judicial oversight or fixed terms.

"It's a decision that the prison officials themselves alone make," said BCCLA lawyer Carmen Cheung. "There is at no point automatic access to review from a judge or anything. That's why we're concerned there is a high risk for abuse."

According to the BCCLA, the use of solitary confinement in Canada has been on the rise, despite being linked to negative effects such as mental illness, psychosis, hallucinations, insomnia, confusion and suicide.

One in every four prisoners in the federal system has spent some time in solitary confinement.

In 2012, the United Nations Committee Against Torture called on Canada to abolish the use of solitary confinement for prisoners with serious mental-health issues and found Canadian prisons have "inadequate infrastructure" to deal with the "rising and complex needs of prisoners, in particular, those with mental illness."

Teen inmate Ashley Smith of Moncton, N.B., died in 2007 after spending nearly a year in solitary confinement at federal prisons across Canada. Prisoner-rights advocates said her mental-health issues, which went mostly untreated, were exacerbated by prolonged periods of isolation.

The lawsuit is expected to go to trial as early as 2016.

WITH FILES FROM TORSTAR NEWS SERVICE

SPROTT SHAW COLLEGE
SINCE 1903
FIND YOUR PASSION.
FIND YOUR PURPOSE.
OVER 100 CAREER FOCUSED PROGRAMS @
310.HIRE (4473) / SPROTTSHAW.COM

National Energy Board's decision 'shocking,' says Mayor Robertson

Trans Mountain pipeline. NDP critic says stakeholders have been stonewalled

MATT KIELTYKA
matt.kieltyka@metronews.ca

A recent National Energy Board (NEB) decision denying the provincial government's request for more details into Kinder Morgan's emergency-response plan is not sitting well with stakeholders.

On Friday, the board notified the province that it would not compel the energy company to release previously redacted sections of its emergency management plan (EMP) as the hearing into the proposed Trans Mountain expansion project continues.

Supported by the cities of Burnaby, Vancouver and Abbotsford, the Fraser Valley Regional District and the Living Oceans Society, among others, the province filed a motion Dec. 5 arguing that Kinder Morgan's failure to release sections of its emergency plans was "improper, excessive and inadequately justified."

While a three-person panel at the NEB found that Trans Mountain provided "somewhat limited justification" for the redactions (citing only "personal," "commercial" or "security" as reasons), it rejected the province's request.

"In this instance, the board is satisfied that sufficient information has been filed from the existing EMP documents to meet the board's requirements at this stage in the process," reads the NEB's Jan. 15 ruling.

In a response provided to Metro via email, the Ministry of Environment said it has submitted additional requests Monday to "seek more information about the Emergency Management Plan."

Any heavy oil pipeline project, it says, must satisfy the highest standards of environmental protection before B.C. will consider supporting it.

Vancouver Mayor Gregor Robertson was more scathing in his assessment on Monday.

"It was a shocking decision by the National Energy Board that the oil-spill plan can be kept secret," said Robertson at an unrelated press conference. "That doesn't give any comfort to people here in Vancouver."

The city submitted 597 additional questions to Kinder Morgan last week as part of the NEB process. Of the 394 questions submitted by the city in the first round of requests, nearly 150 went unanswered.

NDP environment critic Spencer Chandra Herbert accused the NEB of stonewalling stakeholders.

"It demonstrates that the National Energy Board process has been weakened," said Chandra Herbert. "We don't even get to cross-examine Kinder Morgan or see the full emergency plan to see if they have a plan at all. That's not good enough, frankly. We need to see the full plans and need to be able to ask questions of it."

WITH FILES FROM THE CANADIAN PRESS

'Not relevant'

In its submissions to the NEB, Trans Mountain said the EMP documents requested "are not relevant" to the board's consideration since it is for the existing Trans Mountain pipeline system.

Protesters take a selfie during a demonstration against Kinder Morgan on Burnaby Mountain in November. The NEB has denied the government's request for information on emergency plans for the company's pipeline. JENNIFER GAUTHIER/METRO FILE

Man who 'grooms' girls should be labelled dangerous: Crown

The Crown says a man who groomed two aboriginal teens, plied them with drugs and alcohol at his Vancouver-area home and then failed to intervene as they died should be declared a dangerous offender and imprisoned indefinitely.

Martin Tremblay was convicted of criminal negligence causing the deaths of 17-year-old Martha Jackson and 16-year-old Kayla Lalonde, who died in March 2010 after partying at Tremblay's home.

Tremblay's trial heard he invited the two girls and their friend to his home in Richmond, south of Vancouver, where he gave them alcohol and drugs and then videotaped himself fondling them once they passed out.

When the girls' conditions deteriorated, he failed to help them. He drove Lalonde to nearby Burnaby and left her on the ground, and only after he left did an associate of his call for help. The following morning, when Jackson stopped breathing, he attempted to persuade another person in the house not to call 911.

Crown counsel Michaela Donnelly says Tremblay, a convicted sex offender, poses a serious risk to the public.

"He has a distinctive and repetitive pattern of behaviour," Donnelly said in court on Monday, the first day of a dangerous-offender hearing.

"He targets young, vulnerable teenage girls, almost exclusively those of First Nation descent.... They're often heavy users of alcohol and drugs. He grooms them, he knows that they are vulnerable, he facilitates and encourages self-destructive behaviour."

THE CANADIAN PRESS

RICK MERCER REPORT
It's cool runnings for Rick when he trains with Olympic bobsledders Jesse Lumsden and Helen Upperton in Whistler, BC.
BRAND NEW EPISODE
TONIGHT 8
8:30NT
cbc.ca/mercerreport
Followed by 22 Minutes at 8:30/9NT
CBC
#FallforCBC

A rockfish fitted with a glass eye at the Vancouver Aquarium last month was mentioned on a recent episode of The Tonight Show. COURTESY VANCOUVER AQUARIUM

A rock(fish) star is born

Late-night celebrity. Fallon pokes fun at Vancouver Aquarium's glass-eyed resident

All eyes are on a half-blind Vancouver Aquarium rockfish recently fitted with a glass eye to prevent it from being bullied, after comedian Jimmy Fallon poked fun at the procedure on his late-night talk show.

On Friday night's episode of The Tonight Show, Fallon described how the creature underwent "cosmetic surgery" to be fitted with a prosthetic eye because it was being picked on by its tank mates.

"So far, the toughest part has been other rockfish figuring out where to look when they're talking to him," Fallon joked in his opening monologue before impersonating the confused tank mates: "Do you like swimming, or …? Awkward."

Dr. Martin Haulena, the aquarium's head veterinarian, said he was ecstatic to hear about the unique surgery being mentioned on the popular late-night show.

"I'm a huge fan of Jimmy Fallon," he told Metro. "I think the joke was great and certainly in good taste. It was awesome."

Haulena said he was surprised to see the fish eye make international headlines after a video of the surgery was first posted on the aquarium's blog last month. "It's funny.... Of all the stories, we're out saving the sea lions, and then this fish eye just goes nuts."

The surgery in question involved aquarium staff fitting two aging rockfish— one at the aquarium, and one at the airport — with bright yellow taxidermy eyes last month to help protect the fish from being picked on by other fish that viewed the empty eye sockets as a sign of weakness.

THANDI FLETCHER/METRO

BMO Insurance
We're here to help.™

In the time it takes to put it off, you and your family could already be covered with BMO insureNOW™ Plus. It only takes a few minutes to enrol online and you get life, critical illness and accidental disability insurance in one easy-to-purchase package. Plus, there's no medical exam required to apply.

Apply online now or learn more at bmoinsurance.com/insurenow

insureNOW Plus is issued by BMO Life Assurance Company. Conditions apply. See policy for full details. ®Registered trademarks of Bank of Montreal, used under licence. ™/® Trademarks of Bank of Montreal, used under license.

Obese professor files human rights complaint against doctors

An obese university professor has filed a B.C. Human Rights complaint, alleging doctors failed to provide full rehabilitation after hip surgery because she was too fat.

The university professor, identified only by the initials LD, says in her complaint that after her hip operation at Vancouver General Hospital in February 2012, she was transferred to a regional hospital, which is not named.

She alleges that the hospital's medical staff told her that, because of her obesity, there was no point wasting rehabilitation resources on her and that she would be sent to another area of the hospital.

She says that the one doctor, identified only as Dr. AW, refused her access to intensive physical rehabilitation because she was too heavy.

At the time, she weighed more than 440 pounds and was told she needed to lose weight before she could begin rehab.

She claims her denial of rehab was discrimination of her disability — obesity.

The respondents to the complaint are the health authority and two doctors who treated her during her stay.

LD claims that, in the discussion with Dr. AW, he said that the hospital did not have the resources to deal with someone her size.

She claims she told him that leaving her in a bed without any rehabilitation would mean she would continue to get weaker and weaker. Dr. AW shrugged his shoulders and made a dismissive reply, LD claims.

Dr. AW says he agreed LD was unlikely to regain independence because patients without a hip (her prosthetic had been removed due to infection) generally have a poor prognosis.

As it turned out, another doctor examined LD and determined that her wound was sufficiently healed to enable her to engage in hospital-based intensive rehabilitation treatment.

She was moved to a seniors home in March 2013, where she stayed for a year and became mobile, allowing her discharge to live independently in March 2014. NEAL HALL/FOR METRO

Application for dismissal denied

The respondents applied to the Human Rights Tribunal to have the complaint dismissed, arguing they did not discriminate against LD and provided appropriate good-faith assessments and recommendations for LD's rehabilitation needs, based on the relevant clinical information.

- Catherine McCreary, a member of the Human Rights Tribunal that heard the application to dismiss, decided last Friday that the case should proceed to a hearing.

Kamloops. Man accused of stabbing friend 73 times

A British Columbian man accused of killing a friend by stabbing him 73 times is now on trial in Kamloops.

Cory Bird, 27, is charged with second-degree murder in the death of Albert Michell in August 2008.

Crown lawyer Frank Caputo told a B.C. Supreme Court jury Monday that Bird and Michell met while hitchhiking and became fast friends.

He said Bird eventually stayed at Michell's home in Lytton, B.C., for a number of days.

On Aug. 13, 2008, Bird, Michell and another man bought alcohol and watched a movie at Michell's home, Caputo said.

The third person left partway through the movie, leaving Bird and Michell alone, jurors heard.

"That was the last time anyone saw Mr. Michell alive, other than Mr. Bird," Caputo said, adding Michell was killed between 11 p.m. and 9 a.m. the next day.

Michell's body wasn't found until Aug. 17, when concerned family members visited his home after he missed work.

Bird hitchhiked across the country, court heard, and was taken into custody after a brief standoff in Montreal.

"He yelled (to police) that he had a gun and that he had killed a man in British Columbia," Caputo said. "He continued to reiterate that he had killed a man in British Columbia."

Caputo said Bird initially told police he was acting in self-defence, but later admitted that wasn't true.

THE CANADIAN PRESS

B.C. Supreme Court

Mining firm takes on environmental group in defamation court battle

Criticism of a proposed mine by an environmental group and allegations of defamation by the project's owner have landed both parties in B.C. Supreme Court.

Taseko Mines Ltd. launched the lawsuit after the Wilderness Committee claimed during a 2012 public comment period that the New Prosperity mine could destroy Fish Lake.

The proposed gold and copper mine, 125 kilometres southwest of Williams Lake, was undergoing a federal environmental assessment when the statements were made.

Taseko lawyer Roger McConachie told court on Monday the company's civil complaint involves five articles published by the non-profit organization, which were emailed to supporters and posted online starting in January 2012.

The material involves libellous descriptions of the proposed project, a letter-writing tool that encouraged re-publication of the organization's claims and statements the company was pursuing a lawsuit with the purpose of silencing public debate, McConachie argued. Some of the statements appeared on Facebook.

He said the onus is on the defendant to prove the truth of its statements and that law presumes defamation allegations are false.

THE CANADIAN PRESS

Vancouver Public Library chair Mary Lynn Baum, YWCA CEO Janet Austin and Vancouver Mayor Gregor Robertson participate in the groundbreaking ceremony on Monday for the nə́c̓a?mat ct Strathcona library. The library will be built on land donated by the city. EMILY JACKSON/METRO

Construction begins on Strathcona library

Breaking ground. First major civic building with aboriginal name to include housing for single mothers

Officials have finally broken ground on a new library branch in Strathcona that will include housing for single mothers when it opens in spring 2016.

An array of politicians and philanthropists were on hand to celebrate the groundbreaking of the $25-million library — to be called nə́c̓a?mat ct, it is the first major civic building to have an aboriginal name — after a Coast Salish brushing-off ceremony at 730 East Hastings St. on Monday.

"Strathcona desperately needs a library. It's been many, many years of trying to find the right spot and the right conditions," Mayor Gregor Robertson said to reporters.

At 11,000 square feet, the library will be one of the city's largest in an area accessible to low-income residents of Strathcona, Chinatown and the Downtown Eastside.

The project will be built on land valued at $2.6 million donated by the city and will include 21 "much needed" housing units for single mothers and their children, Robertson said.

The YWCA will operate the housing and has raised $9 million of the $10 million it needs to cover its share of the capital costs. Donors include the Cause We Care Foundation, the provincial and federal governments, Streetohome Foundation and the Ismaili Council for B.C.

South Vancouver MP Wai Young said the federal government supported the project as part of its housing first strategy, which helps people with shelter first before dealing with other issues such as addiction or mental health.

EMILY JACKSON/METRO

OUR BEST PLAN EVER

The Cross-Canada Plan $44/month

- Unlimited Data
- Unlimited Canada & US Talk
- Unlimited Global Text
- International Calling from 1¢/min
- Voicemail+
- Credits to use your phone across Canada

OFFER ENDS SOON

WIND® true mobile freedom™

Offer is valid as of November 2014 and are subject to change or cancellation without notice. All unlimited plan features are from anywhere on our network, otherwise long distance and roaming rates apply. The monthly service credits are applicable only for pay-per-use charges and monthly add-ons and are not valid toward your monthly plan fees (that is, the $44/month plan fee), the cost of devices, or accessories. Any unused monthly credits will be forfeited and may not be carried over to the next month. The applied credits from this promotion may not be used toward the *WIND Phone Protection Program*. WIND may, from time to time, and without notice, determine that certain add-ons are not eligible for credits. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Applicable taxes extra. Additional terms and conditions apply. Learn more at WINDmobile.ca. Motorola is a registered trademark of Motorola Trademark Holdings, LLC. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecommunicazioni S.p.A and are used under license in Canada by Globalive Wireless Management Corp. © 2014 WIND Mobile

‘We’re saying our goodbyes today’

Shooting. Wife of Const. David Wynn thanks RCMP family, community for support

LEAH HOLOIDAY
Metro in Edmonton

Shelly MacInnis-Wynn, wife of Const. David Wynn, updated media Monday on the condition of her husband, joined by Wynn’s sister Dawn Sephton, right, and Deputy Commissioner Marianne Ryan. LEAH HOLOIDAY/METRO IN EDMONTON

Through quiet tears and staggered breaths, the wife of Const. David Wynn said family have now said their final goodbyes to the RCMP officer, who was shot in the head while trying to arrest a suspect over the weekend.

Wynn, along with Auxiliary Const. Derek Bond, were both shot by Shawn Maxwell Rehn on Saturday as they were investigating reports of a stolen vehicle at St. Albert’s Apex Casino.

While Bond was released from hospital later that day, Wynn remained in critical condition.

“Dave is … we’re saying our goodbyes today and then from there he’ll be in a better place, but today is the day we say goodbye to him,” said Shelly MacInnis-Wynn on Monday.

Flanked by Wynn’s sister Dawn Sephton and clutching the hand of Deputy Commissioner Marianne Ryan, MacInnis-Wynn expressed her gratitude for the outpouring of support from the community over the last three days.

“I just wanted everyone to know how thankful I am for all the support we have gotten, but the first (thank-yous) need to go to the RCMP family,” said MacInnis-Wynn.

As former Nova Scotians, MacInnis-Wynn said she was grateful for the prayers of people out east, including Wynn’s former coworkers.

“He knows you’re there and thinking of him,” she said.

MacInnis-Wynn also recognized the St. Albert RCMP detachment, saying “they’ve been our family since we’ve moved so far from home.”

“That was his work family,” she said.

Sephton expressed her gratitude to the paramedic and medical staff who took care of her “little brother.”

Before moving to St. Albert five years ago, Wynn worked as a paramedic in Bridgewater, N.S.

Bridgewater Police Chief John Collyer remembers Wynn as a “fixture” to the entire town and devoted family man to his wife and three sons.

“He always wanted to do the best for his community; he was that kind of guy.”

After working as a paramedic from 1996 to 2009, Collyer said Wynn began talking to a few of the guys about making a career shift and joining the RCMP.

“Once you have the itch to become a police officer, it doesn’t go away unless you scratch it,” Collyer said, who acted as a reference when he was contacted by one of Wynn’s superiors during his training.

Three days ago, Collyer received a number of phone calls from Wynn’s family. He learned that Dave had been one of two RCMP officers shot during the confrontation.

“It was a tough day Saturday,” Collyer said, adding that it’s always devastating when an officer is wounded in the line of duty but this hit home especially hard.

WITH FILES FROM STEPHANIE TAYLOR/ METRO IN HALIFAX

Canada backs Israel, Palestinians seek war crimes charges

A Palestinian protester holds a poster on Sunday with a photo of Canadian Foreign Minister John Baird during Baird’s meeting with Palestinian Foreign Minister Riad Malki in the West Bank city of Ramallah.
NASSER NASSER/THE ASSOCIATED PRESS

Foreign Affairs Minister John Baird reaffirmed Canada’s opposition Monday to a Palestinian attempt to pursue war crimes charges against Israel at the International Criminal Court (ICC).

Speaking in Jerusalem, Baird said the Palestinians “made a huge mistake” by going to the ICC, an United Nations institution that Canada played a lead role in creating.

Baird met Monday with Israeli officials as part of his five-day visit to the region. Israel will be able to count on Canada’s firm support in opposing any ICC action against the country, Prime Minister Benjamin Netanyahu said as he formally welcomed Baird before their meeting.

“You know that it’s a travesty of justice to haul Israel to the dock in The Hague, and you know that the entire system of international law could unravel because of this travesty,” Netanyahu said.

“I thank you for your support and for your moral leadership, and I pledge this to you: Israel will not have its hand tied by a politicized ICC.”

Baird replied: “As I’ve said before, Canada doesn’t stand behind Israel; we stand shoulder-to-shoulder with it.”

As Baird arrived in Israel Friday, the ICC’s prosecutor announced she was beginning a preliminary investigation that could clear the way to a full scale investigation into possible war crimes in the Palestinian territories, a development that could have serious implications for both sides of the Middle East conflict.

THE CANADIAN PRESS,
WITH FILES FROM THE ASSOCIATED PRESS

Dalhousie University

Dentistry student not treated fairly, says lawyer

A member of a Facebook group accused of posting hateful comments about female members of Dalhousie University’s dentistry school blew the whistle on the classmates who made the remarks, but has been treated unfairly by the school, the man’s lawyer said.

Bruce MacIntosh, who is representing fourth-year dentistry student Ryan Millet, has criticized the school for its handling of the matter, saying students were pushed to accept punishment without due diligence. THE CANADIAN PRESS

Luka Magnotta

Appeal filed over guilty conviction

Luka Rocco Magnotta has filed an appeal of his conviction on five charges last month, including the first-degree murder of Chinese student Jun Lin.

Documents filed by Toronto-based lawyer Luc Leclair state the trial judge erred in a number of instances. THE CANADIAN PRESS

Iraq

Canadian forces return fire at combatants

Canadian soldiers opened fire on enemy positions in Iraq over the last week in what Brig.-Gen. Michael Rouleau, commander of special operations command, called an act of self-defence. THE CANADIAN PRESS

You are invited to an **INFORMATION SESSION**

STENBERG COLLEGE

604-580-2772
stenbergcollege.com

EDUCATION ASSISTANT Diploma Program **INFO SESSION**

As an Education Assistant you’ll assist elementary and secondary school teachers as they work with students who may require additional support for academic, ESL, behavioural and special needs. Become an Education Assistant in just 40 weeks including 8 week practicum. Earn up to $25.13/hour to start. Training & Certification from the Provincial Outreach Program for Autism and Related Disorders (POPARD) including Introduction to Autism Spectrum Disorders & Introduction to Applied Behaviour Analysis.

Thursday, Jan. 22, 2015 · 7:00 pm – 9:00 pm

Stenberg College - Suite 750 -13450 102nd Avenue, Surrey (Central City Tower)
Please RSVP by email to rsvp@stenbergcollege.com or by telephone: 604-634-0384
Faculty, Industry & Alumni speakers · Q & A · Refreshments & Networking with employers

All attendees will receive **$250 Bursary** for next start on March 7, 2015
(Cannot be combined with other offers)

Our Education Assistant program is available IN-CLASS or ONLINE. Our “online” programs are delivered in a combined delivery format: Guided online learning combined with site-based elements for orientation, lab/skills-based instruction and work experience placements.

Argentina. Prosecutor who accused president dies

Argentina's government said Monday there was no indication that anybody else was involved in the death of a prosecutor who had accused President Cristina Fernandez of shielding Iranian suspects in the nation's deadliest terror attack — a declaration sure to be closely scrutinized.

Alberto Nisman, who had been investigating the 1994 bombing of the AMIA Jewish community centre in Buenos Aires that killed 85 people, was found in the bathroom of his apartment late Sunday, hours before he was to testify in a Congressional hearing about the case.

Investigating prosecutor Viviana Fein said the preliminary autopsy found "no intervention" of others in Nisman's death.

However, Fein would not rule out the possibility that Nisman was "induced" to suicide, because the gun was not his.

"The firearm belonged to a collaborator of Nisman," Fein said. According to the autopsy, Nisman had a bullet entry-wound on the right side of his head but there was no exit wound. His body was found inside the bathroom, blocking the door, which was locked from the inside, Fein said.

The findings left more questions than answers about the death, which came only five days after Nisman accused Fernandez and other officials of reaching a deal with Iran that shielded some officials from possible punishment for the attack

Nisman was heavily guarded by police because he had received threats. Late Sunday, the agents protecting him alerted their superiors that he wasn't answering phone calls, according to a Security Ministry statement. THE ASSOCIATED PRESS

Sea of Cortez. Mexico to patrol waters with drones

Mexico is planning to use drones to patrol the upper Sea of Cortez to combat illegal fishing and save the critically endangered vaquita marina, the world's smallest porpoise.

Assistant environmental prosecutor Alejandro del Mazo said Monday his agency has conducted tests of unmanned aircraft flights in co-operation with the Mexican Navy.

Del Mazo says he hopes to have three drones patrolling the vaquita's habitat in coming months. Also known as the Gulf of California, it is the only place vaquitas are found.

"We are considering the use of advanced technology, because drones would allow us to have permanent aerial patrols in the area and be able to react much more efficiently and quickly," Del Mazo said.

Fewer than 100 of the shy, elusive porpoises remain. The vaquita is threatened by illegal gillnet fishing for totoaba, a large fish whose swim bladder is prized by chefs in China.

In December, Mexican authorities proposed a $37 million plan to ban gillnet fishing in about half of the upper Gulf. The plan is up for mandatory public consultation, and could be implemented in March. THE ASSOCIATED PRESS

$65K stolen

Widow of man killed in British terror attack jailed

The widow of a man killed in the 2005 terrorist attacks on the London transportation system has been jailed for stealing money from the compensation fund intended for her son.

Louise Gray was sentenced Monday to two years and eight months in prison after stealing 43,000 pounds ($65,000 US) from her son Adam, who was 11 when his father was killed. Gray had earlier pleaded guilty to the theft. THE ASSOCIATED PRESS

London

Parents shocked by birthday bill

It was not what Derek Nash expected to find in his five-year-old's school bag: A bill demanding a "no-show fee" for another child's birthday party. Nash said the bill from another parent sought 15.95 pounds ($24 US) because his son Alex had not attended the party at a ski centre. Nash told the BBC he had initially accepted the invitation, but realized Alex was supposed to visit his grandparents. He said he did not have contact details to let the other family know. THE ASSOCIATED PRESS

Kenyan students hold up a placard brought by activists during a demonstration Monday against the removal of their school's playground at the Langata Road Primary School in Nairobi. Police tear-gassed students at the demonstration, prompting the suspension of the officer in charge at the scene. BRIAN INGANGA/THE ASSOCIATED PRESS

Kenyan police use tear gas on schoolchildren

Nairobi. Students at Langata Road Primary School were demonstrating against the removal of their playground

Kenyan police Monday tear-gassed schoolchildren demonstrating against the removal of their school's playground, which allegedly has been taken over by a powerful politician, said a Kenyan human rights activist.

The students from Langata Road Primary School were in the front line of people pulling down a wall erected around the playground which has been acquired by a private developer said to be a powerful politician, said Boniface Mwangi. Primary school children in Kenya are usually between six and 14 years of age.

"The governor, the senator and other government officials are all scared of the politician; they cannot do anything to stop the playground from being taken," Mwangi said.

Television footage showed children, some being carried away, writhing in pain, screaming and choking because of the tear gas. Police officers later brought dogs to the playground.

Acting police Chief Samuel Arachi said he had suspended the police officer who was in charge at the scene of the protest.

In such an incident tear gas shouldn't have been used because the protests were not violent, Arachi said. He said five people have been arrested; three for vandalism and two for incitement.

"We will never allow officers to use force — not only on any citizen (but) more so on children, whether in a demonstration or otherwise," he said.

Elijah Mwangi, who was in charge of the police officers at the school, said he was following orders.

Opposition politician Eliud Owalo said last week that the playground had been taken over to construct a parking lot for the politician's hotel adjacent to the school.

"This is brutality beyond words and greed beyond description," said opposition leader Raila Odinga. "It is difficult to believe that police can actually deploy against primary school children and lob tear gas at them to defend a land-grabber.

"This image of a nation determined to steal forcefully from its own children cannot be what we aspire to. It cannot be the legacy we want to bequeath the children."

Allegations of land seizures by Kenyan officials has become a controversial issue in the country. THE ASSOCIATED PRESS

Quoted

"This is brutality beyond words and greed beyond description."

Raila Odinga, opposition leader

European police review weapons to counter terror

One victim was a young policewoman, unarmed on the outskirts of Paris and felled by an assault rifle. Her partner, also without weapons, could do nothing to stop the gunman.

Another victim was a first-responder with a sidearm, rushing to the Charlie Hebdo offices, where a pair of masked men with high-powered weapons had opened fire on an editorial meeting. Among their primary targets: the armed police bodyguard inside the room.

With the deaths of the three French officers during three days of terror in the Paris region and the suggestion of a plot in Belgium to kill police, European law enforcement agencies are rethinking how — and how many — police should be armed.

Scotland Yard said Sunday it was increasing the deployment of officers allowed to carry firearms in Britain, where many cling to the image of the unarmed "bobby."

In Belgium, where officials say a terror network was plotting to attack police, officers are again permitted to take their service weapons home.

On Monday, French law enforcement officials demanding heavier weapons, protective gear and a bolstered intelligence apparatus, met with top officials from the Interior Ministry.

Among the most horrific images from the Paris attacks was the death of police officer Ahmed Merabet, who can be seen on eyewitness video lying wounded on the pavement as a gunman approaches and fires a final bullet into his head. THE ASSOCIATED PRESS

You could WIN $10,000 for your RSP.

A customized retirement plan starts with advice tailored to your goals. Talk with a Scotiabank® Advisor to get your personalized plan before March 2, 2015 and you'll be entered to win 1 of 6 weekly RSP prizes of $10,000.

Visit **www.scotiabank.com/rspgiveaway** to find a branch near you and book an appointment.

You're richer than you think.®

Scotiabank®

* The $10,000 RSP Giveaway (the "Contest") commences at 12:00 a.m. (ET) on January 19, 2015 and ends at 11:59 p.m. (ET) on March 2, 2015. No purchase is necessary. The Contest is open to all legal residents of Canada who have reached the age of majority in their province of residence at the time of entry, except employees of The Bank of Nova Scotia and all agencies/representatives (and persons domiciled with them and immediate relatives) and anyone who will be over the age of 71 on December 31, 2015. There will be 6 prizes awarded, each consisting of a Registered Retirement Savings Plan (RSP) contribution of ten thousand dollars ($10,000.00 CAD) to each winner's Scotiabank RSP. The chances of winning depend on the total number of eligible entries received during the Contest period. Answering of a skill testing question is required to be officially declared a winner. For full contest details go to www.scotiabank.com/rspgiveaway.

® Registered trademarks of The Bank of Nova Scotia.

Ex-Korean Air exec pleads not guilty in nut rage case

Aviation safety. Cho Hyun-ah, airline chairman's daughter, has been in custody since Dec. 30, faces up to 15 years in prison

The former Korean Air executive famous for an in-flight tantrum over macadamia nuts pleaded not guilty Monday to violating aviation safety law and hindering a government investigation.

Lawyers for Cho Hyun-ah did not dispute the major elements of the prosecutor's account of events on Dec. 5 when Cho forced a Korean Air jet to return to the gate. Instead, they are focusing on a technical rebuttal.

Prosecutors accused her of forcing a flight to change its route, which was the most serious charge with a maximum prison sentence of 10 years.

The three other charges Cho faces are the use of violence against flight crew, hindering a government probe and forcing the flight's purser off the plane.

Cho's attorney Yu Seung-nam told a panel of three judges that the flight had moved only 17 metres from the gate at New York's John F. Kennedy airport before it returned, which did not amount to a forced change of an aviation route.

Cho admitted using violence against one flight attendant in first class by pushing her shoulder and throwing an object at her, but denied that she poked the hands of chief flight attendant Park Chang-jin with a book. Yu argued that those acts did not amount to threatening safety on the flight.

Cho spent most of the first day of her trial Monday with her head lowered and hair covering her face.

THE ASSOCIATED PRESS

Cho Hyun-ah, the former Korean Air executive who made headlines after an inflight tantrum over macadamia nuts, pleaded not guilty Monday to violating aviation safety law and three other charges. THE ASSOCIATED PRESS FILE

Law. Beastie Boys seek $2.4M for fees and costs

The Beastie Boys want to force the maker of Monster Energy drink to pay nearly $2.4 million US in legal fees and costs so the rappers' $1.7 million US jury award is not dwarfed by expenses in a copyright violation case, lawyers say.

A Manhattan federal court jury awarded the group most of the $2 million US it requested at a June trial, but that was not enough to cover costs that lawyers said were worsened by the actions of the California-based Monster Energy Co., the musicians' lawyers said in papers filed in Manhattan federal court.

They said more than two years of litigation punctuated by Monster's failure to engage in good-faith negotiations, an eight-day trial and Monster's effort to overturn the verdict ran up the legal bill.

Monster had admitted wrongly using the group's songs in a video that was online for five weeks. But the beverage maker said at trial it should owe no more than $125,000 US.

The Beastie Boys, inducted into the Rock and Roll Hall of Fame in 2012, have turned out four No. 1 albums and sold more than 40 million records.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 83.70¢ (+0.14¢)

TSX 14,312.50 (+3.09)

OIL $48.69 US (+$2.44)

GOLD $1,276.90 US (+$12.10)

Natural gas: Closed.
Dow Jones: Closed.

Richest 1% soon wealthier than rest of world combined: Oxfam

The richest one per cent of the population will own more than half the world's wealth by 2016, Oxfam International said in a report released as the World Economic Forum begins in Davos, Switzerland.

Oxfam said the world's richest people saw their share of wealth jump to 48 per cent last year from 44 per cent in 2009. Rising inequality is holding back the fight against global poverty as the world's biggest companies lobby the U.S. and European Union for beneficial tax changes at a time when average taxpayers are still paying the bill for the financial crisis, Oxfam said.

"Do we really want to live in a world where the one per cent own more than the rest of us combined?" Winnie Byanyima, Oxfam's executive director, said in a statement.

While world leaders such as U.S. President Barack Obama and International Monetary Fund chief Christine Lagarde have talked about tackling extreme economic inequality "we are still waiting for many of them to walk the walk," Byanyima said.

Quoted

"Do we really want to live in a world where the 1 per cent own more than the rest of us combined?"

Winnie Byanyima, Oxfam's executive director

The health-care and financial services industries spent almost $900 million US to lobby the U.S. government for favourable legislation in 2013, and more than $200 million US was spent on lobbying in the EU, Oxfam said.

At the same time, one in nine people don't have enough to eat and more than a billion people live on less than $1.25 US a day, Oxfam officials said.

The charity is calling for a crackdown on tax avoidance by corporations and rich people, with increased investment in health and education. THE ASSOCIATED PRESS

Low Cost Term Life Insurance

Premiums per month for $500,000 Coverage, staring from:

- Male 30 Non Smoker - $25.20
- Male 40 Non Smoker - $32.40
- Male 50 Non Smoker - $75.51
- Male 60 Non Smoker - $224.10
- Female 30 Non Smoker - $17.10
- Female 40 Non Smoker - $20.95
- Female 50 Non Smoker - $52.47
- Female 60 Non Smoker - $156.60

Above Premiums are for 10 yr Term STANDARD Rates (Lifeguide September 24th, 2014)

Premiums are based on "STANDARD" 10 Year Term Single Life Rates. Based on your current health status and family history, you MAY qualify for further discounts on your premiums. *20 Year Term, 30 Year Term, Whole Life and Universal Life Plans also available.*

Get your FREE NO Obligation Quote! Call now!

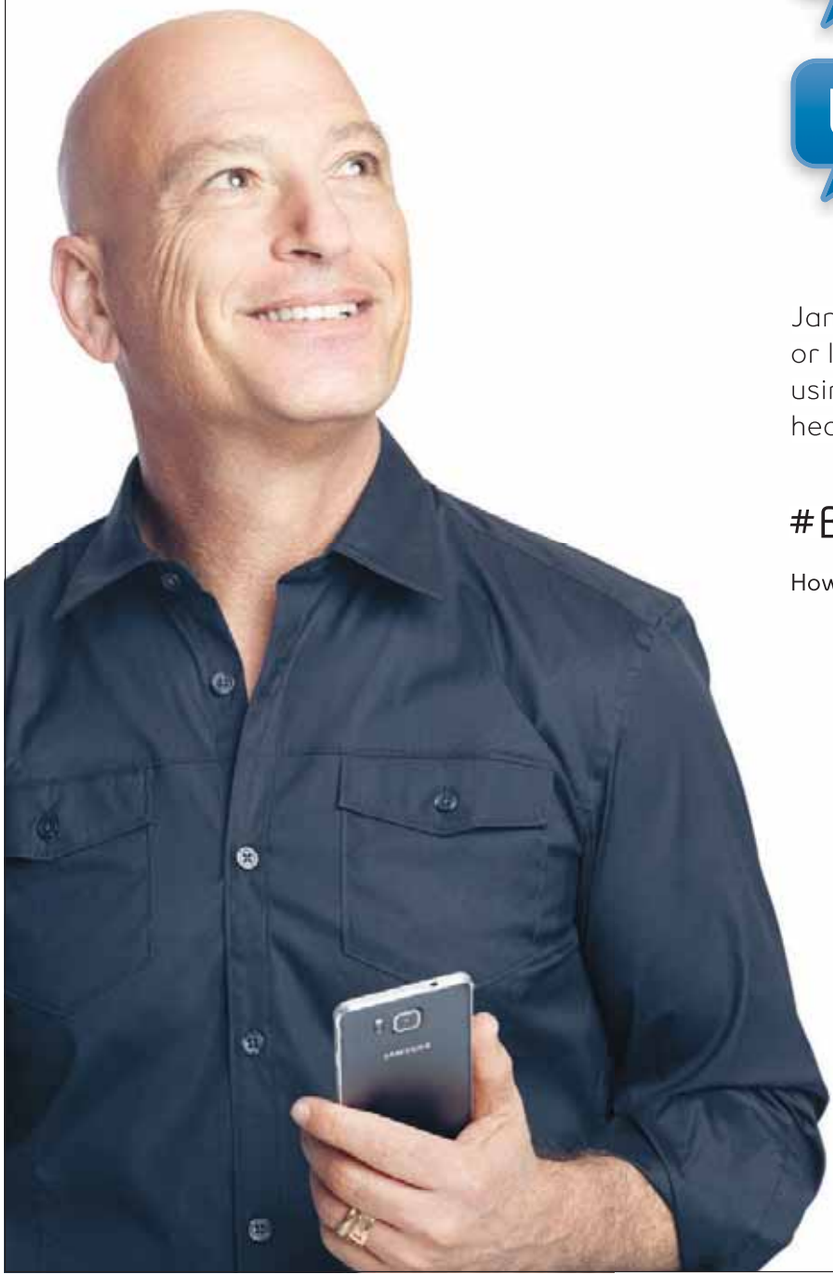
1.888.484.5255 or 604.987.0800

Get the bulldog on your side!

Churchill Insurance Brokerage Services Inc.

Churchill Insurance is an Independent Insurance Advisor.

Buy "Term Life" the easy way, go to **www.churchillinsurance.ca**



On January 28

talk text tweet

from

to

January 28 is Bell Let's Talk Day. For every text, mobile or long distance call made by a subscriber*, and tweet using #BellLetsTalk, Bell will donate 5¢ more to mental health initiatives across the country.

#BellLetsTalk

Howie Mandel

Bell Let's Talk

bell.ca/letstalk

*Regular long distance and text message charges apply.

VOICES

FAMILIES GOING CAR-FREE

A common challenge for young Vancouver parents trying to raise kids without a vehicle is juggling work and daycare, writes Karen Quinn Fung

YOUR RIDE
Karen Quinn Fung

Earlier this month, former Vancouver director of planning Brent Toderian mentioned on CBC Radio that he and his wife are expecting a child and will strive to raise a family without owning a car.

I've reached the age where my friends' babies are becoming a permanent fixture of my Facebook feed, so my interest in this topic has only grown.

It's a key thing for our city and region to get right. Being a parent has been identified as one of the strongest determinants of car ownership. In Vancouver, there has been some excitement about the so-called U-Pass effect — of people taking up transit during university and sticking with it once they leave; but can it last through to the milestone of starting a family?

Curious, I asked a few families — mostly parents with children under age 5 — how the transition from multi-modal, car-free couple to car-free family was going and whether they thought they were going to be able to stay that way.

Juggling work and daycare was a common theme for everyone. When daycare is close or on the way to home or work, pairing transit with car-sharing can suffice.

For others, work demands add complexity that make even occasional transit trips intolerably time-consuming.

For one cycling commuter parent, infrastructure like separated bike lanes and end-of-trip facilities like secure bike trailer storage at destinations are essential.

Just about everyone noted the helpfulness of car-sharing. Some bristled at having to become on-the-fly car seat installation experts, hoisting heavy seats in ways they were never designed to be used. As weekend trips to see grandparents across town or go further afield to enjoy natural areas become more of a regular fixture, the cost of doing so with car-share or rentals can start to make car ownership look appealing.

DO YOU HAVE A TRANSIT IDEA?
Shoot us an email:
vancouver@metronews.ca

Everyone I spoke to had no end of words about the tradeoffs.

On the upside, no car payments allowed some parents to work less, pursue education and more free time with their child; to pay down debt; or to travel and connect with family.

Children on transit means immersing them into the life of a city — exciting at some moments, nerve-racking at others. Time not spent driving can be vital alone-time for parents to de-stress or care for their own physical and emotional health.

For some, the frustration of balancing commitment to action on climate and addressing immediate needs, opportunities and reducing inconvenience, was apparent.

I know other families who have made it work — sometimes as their children (yes, even multi-child families) age, becoming pedestrians and cyclists themselves; or as living and work situations evolve.

But we will not achieve our transportation goals until we meaningfully support parents' trips and destinations, and make living car-free more pain-free.

Karen Quinn Fung writes on sustainable transportation issues and policy. Find her @counti8 on Twitter.

A man with a stroller waits along the seawall by the Olympic Village in Southeast False Creek. Just how easy or hard is it to raise a family in Vancouver without an automobile, Karen Quinn Fung wonders. DAQUELLA MANERA/FLICKR

We're surpassing the limits of our planetary boundaries — it's really time Canada goes green

STEPHANIE ORFORD
readers@metronews.ca

It sounds like the opening of a disaster movie: Humans have broken four of the planet's nine planetary boundaries and a new era of potentially devastating climate change has begun.

Sadly, it's not. This was a sobering finding published last Thursday by climate scientists in the journal Science.

The researchers investigated nine key environmental factors or "planetary boundaries." Each has an upper limit beyond which climate effects are unpredictable and potentially dangerous for human civilization as we know it.

According to the study, since industrialization in the early 20th century, human activities have broken the boundaries when it comes to levels of extinction, deforestation, atmospheric carbon dioxide, and nitrogen and phosphorous pollution from fertilizer. Lake Erie's "dead zone," an area choked up with algae, is the direct result of fertilizer runoff.

As Canadians, we tend to see ourselves as pretty green. Public opinion in Canada has shifted in favour of all things environmentally friendly.

Canadians actively seek out "green" products, services and lifestyles. Environmentalism is no longer for fringe groups.

It's the default.

But as a supposedly progressive, developed country, Canada has been embarrassingly, shockingly unresponsive to climate change reform. A report released in 2013 ranked Canada 55 out of 58 in its efforts to rein in greenhouse gas emissions.

The economy is not an excuse. With dramatically low worldwide oil prices threatening a traditional keystone of Canada's economy, there's no better time to diversify into renewable energy and other green innovations. Clean, energy-efficient technologies such as solar panels are plunging in cost and rocketing in efficiency, making them ripe to take off with consumers as they reach parity with more polluting technologies.

Humanity has had it real good for the past 11,700 years, an epoch known as the Holocene period. Civilizations sprouted spontaneously across the world and got busy at breakneck speed, in geological terms, developing agriculture, organized societies, science — civilization as we know it. The researchers established the "planetary boundaries" based on these conditions.

But now we're wearing out our protective bubble. Researchers don't know what will happen as we exceed the nine boundaries, but they warn that if we maintain our current trajectory, Earth "is likely to be much less hospitable to the development of human societies."

Canada needs to follow the lead of its citizens and set an example in implementing green policies. The government should enthusiastically fund research, subsidize environmentally forward-thinking companies and technologies and create opportunities for green investment and innovation.

Give us ways to help the planet within our means, and we'll embrace them.

Stephanie Orford is a writer based in Vancouver.

metro

Star Media Group President John Cruickshank • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Vice-President & Editor-in-Chief, Metro English Canada** Cathrin Bradbury • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, Features** Amber Shortt • **Managing Editor, Canada, World, Business** Matt LaForge • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Carolyn Sadler • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES

Jennifer Aniston ALL PHOTOS GETTY IMAGES

Wait, Jennifer Aniston is now on Team Angelina?

Jennifer Aniston and Angelina Jolie both attended the Critics Choice Awards last week — in the same room and everything — and the world did not slip into biblical levels of chaos.

In fact, Aniston even went on record about their infamous feud that started when Brad Pitt left the Friends star and shacked up with the Unbroken director.

"I think that's slowly coming to an end, I really do," Aniston told Entertainment Tonight at the event. "(Unbroken) is so beautiful and wonderful, and she did such a gorgeous job, and I think it's time people stop with that petty B.S. and start celebrating great work and stop with the petty kind of silliness … It's just tiresome and old. It's like an old leather shoe."

OK, two things, Ms Aniston: One, some of us like old leather shoes. The thing about leather is the more broken-in it gets, the better. I have a pair, in fact, that get more comfortable each time I wear them. So maybe not the best metaphor.

And, two, while I'm all for the high-minded moving on you suggest, some of us — ahem — would be out of a job without all the petty B.S. and silliness in the world.

Huckabee backtracks on calling Jay-Z a pimp

That loveable scamp Mike Huckabee has a problem with Jay-Z and Beyoncé — and with the First Family enjoying their music.

"How can it be that the Obamas let Sasha and Malia listen to that? Apparently they do," he writes in God, Guns, Grits and Gravy, his adorably titled new memoir that apparently does more than list things that will lead to an early death.

"Jay-Z is a very shrewd businessman, but I do wonder: Does it occur to him that he is arguably crossing the line from husband to pimp by exploiting his wife as a sex object?"

While he's busy backtracking, insisting that he thinks Beyoncé is "a wonderful talent" who doesn't have to degrade herself by introducing anything remotely sexual into her act, I would like to point him to numerous examples from Jay-Z's work suggesting he is in fact just fine with being a pimp. Although I think he's using the word differently.

Jay-Z and Beyoncé

Kendall Jenner's words are wise beyond her years

If you find yourself uttering that old chestnut, "Kids today, they grow up so fast," then you might actually be onto something.

At least according to professional young person Kendall Jenner. The 19-year-old reality star — and, I guess, model or something — writes in a new column for the Wall Street Journal's magazine, "I feel like I grew up too fast a long time ago."

Let all the particulars of that sentence sink in for a moment. The "a long time ago" part, the fact that it's in WSJ magazine, the fact that she wrote a column for said magazine. I'll understand if you just want to go back to bed.

Kendall Jenner

Black Eyed Peas

Black Eyed Peas are back! Consider yourself warned

Don't complain later that you weren't warned.

Reigning pop homogenizers the Black Eyed Peas are getting back together for another album and another tour, and there's nothing we can do about it.

"They have already started working on their new material and will be doing a tour together following the release of their first album," a source tells Radar Online.

"All of the band members are expected to return," including Fergie, will.i.am and the other two.

Sorry Billy, but gay sex *is* an 'everyday kind of thing'

Billy Crystal has a bone to pick with shows that feature scenes of a homosexual nature, complaining to the Television Critics Association that they're not "to his taste."

"Sometimes I think, 'Ah, that's too much for me.' Sometimes it's just pushing it a little too far for my taste — and I'm not going to reveal to you which ones they are."

Sure, but we can guess.

"I hope people don't abuse it and shove it in our face to the point where it feels like an everyday kind of thing," he added.

Listen, Billy, if you're going to employ neo-conservative dog whistles in your responses, the correct phrasing is "shove it down our throats," not "shove it in our faces."

And as far as gay scenes feeling like "an everyday kind of thing"? That's sort of the point.

Billy Crystal

At the start of U.S. tour, Murs has Never Been Better

Interview. Singer who first found fame on The X Factor is trying to stretch his U.K. success across the pond

After his latest album debuted at number one in his native Britain, pop singer Olly Murs has set his sights on the United States and found some quirks.

Among them, Americans are more prone to tossing things on stage.

"Fans all scream and shout. The American fans, I find, they throw a lot more phones and other objects at me on stage, which was quite strange. They all wanted pictures and selfies and things like that," Murs said.

Murs, a former call centre worker from the town of Witham in Essex, became an overnight celebrity in 2009 when he appeared on the talent show The X Factor to perform a spirited cover of Stevie Wonder's Superstition.

His catchy pop hooks — and pelvis-gyrating dance moves — have helped him to sell more than 10 million copies and to pack arenas in Britain.

But his following in the United States has been considerably more modest than, say, One Direction, the boy band who became global sensations through The X Factor the year after Murs performed and later invited Murs as an opening act in North America.

Murs, speaking as he relished a sweeping view of New York from the top of the Empire State Building, said the goal of any artist was to "get your music across the world to as many people as you can."

"I think you just want to beat what you did before, even if it's only by one copy," he said.

For his fourth studio album, Never Been Better, Murs has embarked on a U.S. promotion campaign that included a performance on the morning television Today show on Thursday.

In an increasingly rare move in a globalized and Internet-driven music industry, Never Been Better is coming out in the United States, the world's largest music market, on March 10 — more than three months after it debuted at number one in Britain.

Never Been Better, which according to Murs' label has cracked the Top 10 in 31 countries, shows the singer co-writing more of his own music.

The opening track, Wrapped Up, is a bright dance tune with a funk rhythm and a cameo by U.S. rapper Travie McCoy. The album also features a ballad, Up, with another American star, the singer and former child actress Demi Lovato.

His upbeat music appears to be in line with his persona; his autobiography on his brief career is entitled Happy Days.

Olly Murs kicks off his U.S. tour with a cheer from the top of the Empire State Building. AFP FILE PHOTO

From call centre to celebrity

Olly Murs has gone from working in a call centre to touring across countries promoting his music. "It's been an amazing turnaround in my life in the past five, six years — I'm being escorted around the Empire State Building!" he says.

But the 30-year-old acknowledged that he has not been entirely free of self-doubt.

"It was a big change for me from working at a call centre to then, eight months later, I've got all these crazy things happening — new singles and a new album," he said.

He insisted that accounts of a drinking problem were exaggerated and that there was only around one month when he fell into a funk. "We all have difficult months. I don't dwell too much on it," he said. "I think it was more of a way to open my eyes, really, to what was going on around me and my career. I needed to sort it out and I did."

AFP

Information Sessions
Are you?
• An Internationally Trained Professional? Nurse, Engineer, Tradesperson, Dentist, etc.
• A Canadian Citizen or Permanet Resident liuing in BC?
• Lacking affordable financial support for tuition, assessment, association or exam fees?
Contact us today, to see how we can help!
Funded in part by the Government of Canada
Canada
website: www.success.bc.ca/FCRloan/events phone: 604.232.1100 email: FCRloaninfo@success.bc.ca

TODAY'S HOROSCOPE:
Neptune is suggesting that now may be the perfect time to get the Metro News App
Download the Metro News App today at metronews.ca/mobile

BECOME AN IN-DEMAND PROFESSIONAL!
Many of Vancouver Career College's business, legal, healthcare, education, and trades programs offer on-the-job training so you can become job-ready faster! Classes starting soon include:
• Business Administration Management
• Construction Electrician Foundation
• Early Childhood Education
• Health Care Assistant
• International Trade
• Medical Office Assistant
• Paralegal
• Registered Massage Therapy
• Social Services Worker – Youth Specialist
• And More!
Financial assistance may be available to qualified applicants. Apply today or call for more information!
VANCOUVER CAREER COLLEGE
study.vccollege.ca
1 800 993 4086
Six campus locations across British Columbia:
Abbotsford · Burnaby · Coquitlam · Kelowna · Surrey · Vancouver

Profile

Courtney Love's big comeback

SOUND CHECK
Alan Cross
scene@metronews.ca

There's a chance you saw Courtney Love act before you heard her sing. If you think back to the opening scene of Alex Cox's Sid and Nancy in 1986, Courtney was the punk crying over Nancy's body as it was removed from the Chelsea Hotel.

For a while, Ms. Cobain straddled the worlds of acting and alt-rock. There were a few roles during the grunge years (Basquiat, 200 Cigarettes) before she scored big, starring opposite Woody Harrelson in The People vs. Larry Flynt, a performance that earned her a Golden Globe. Then came another acclaimed performance with Jim Carrey as Andy Kaufman's girlfriend in Man on the Moon. By the end of the century, Love was in danger of becoming a genuine Serious Actor.™

But then things went off the rails. Far off. Drug problems, family issues, legal woes, a failed solo music career, financial difficulties and oodles of bad press saw Courtney spiral down into a pretty dark place. Now, though, her career prospects look brighter than they have at any point in this millennium. The big comeback began with a four-episode appearance in Sons of Anarchy as a schoolteacher (!) named Ms. Harrison.

Then earlier this month, Courtney co-starred in an off-Broadway rock opera called Kansas City Choir Boy as part of a festival called Prototype. She played Athena, a Midwestern girl who chases her dream of being a star in New York only to end up murdered.

Alan Cross and Courtney Love
ANDREA CRAWFORD

Todd Almond, the production's composer, plays her abandoned and anguished boyfriend.

Roughly based on The Odyssey (there's even a chorus of six sirens), Almond told me "I was working on another show in Kansas City when a woman from the cast disappeared and was later found dead in New York. I kept thinking about that until it turned into Choir Boy."

So how did he land Courtney as a co-star? "My husband is Courtney's manager. He suggested it."

This past Saturday, I flew to New York for the final performance of KCCB and I can attest that it deserved all the good reviews it received. Courtney was electric. Todd Almond should be a star.

And there's more. In two weeks, we'll see Courtney in a recurring role as Elle Dallas on Empire, the record industry soap opera that's been a big hit for Fox. Her role? A bad-behaving druggy diva rock star.

Courtney smiled at me. "Inspired casting, don't you think?"

Take the embarrassment out of a new fitness routine

Group workouts. You may be new, but you don't have to feel like a newbie

EVA KIS
Metro in NYC

One of the keys to enjoying group exercise is choosing a class you feel passionate about. ISTOCK

It's a good time to make a fitness resolution, with an explosion of boutique studios offering more ways to work out than ever.

And, you may think, just as many ways to embarrass yourself with unfamiliar equipment, complicated routines and the a lack of gymnast flexibility.

Many people miss out on great fitness classes because they feel intimidated, and celebrity trainer Simone De La Rue doesn't want that to happen. In addition to clients like Anne Hathaway and Naomi Watts, the Australian also has Body By Simone studios in L.A. and Manhattan — and knows that everyone who walks through the door is a newbie in some way.

But exercising together is worth the initial hurdles: It's motivating, keeps you accountable and creates a community. "Group fitness has been around for years, and it works because you're feeding off the energy of other people," she says.

De La Rue shares how to start off on the right foot.

Get a sneak preview

Feeling intimidated is common, but you don't have to walk into a class totally unprepared.

"A lot of time people come and have a private session first to build up their confidence before they feel comfortable going into the class," says De La Rue.

Ask if the studio can offer you some one-on-one time with an instructor to preview the basic techniques and offer advice in private.

You're all there to sweat, not judge

"A lot of people even struggle looking at themselves in the mirror," says De La Rue.

The thing to remember is that you're the only one looking at you — everyone else is just as busy worrying about themselves.

So face yourself, acknowledge where you are and focus on learning the skills to build your confidence.

Discover your passion

The best class for you is the one you'll go back to.

De La Rue's passion is cardio dance: It's a link to her training as a ballerina and avoids the monotony of running and cycling.

"Dance is using your whole body and using your brain as well to work in coordination," she says. "It's creative, it's expressive, it's a joyous way of exercising."

Those words should describe how you feel doing whatever exercise you choose.

The hardest part is showing up, but if you're excited to get to it, then the rest is much easier.

Go to the right class

The newest exercise trend may not be for you, and there's always more than one kind of class to work the body parts you're concerned about.

If you're looking for cardio but are not coordinated, skip the dancing and go for the full-body class that works the same muscles.

"Pick something that's in your comfort zone to build up your strength and confidence," she says.

Marijuana

The high — minus the munchies

U.S. TV personality Bethenny Frankel could soon release her own line of marijuana that's been tweaked so that it won't give you the munchies.

The cannabis will be part of Frankel's Skinnygirl brand empire and will be available everywhere in the U.S. where recreational use of marijuana is allowed, according to US Weekly.

So far, this includes Alaska, Colorado, Oregon and Washington. Some states, like California, allow marijuana for medical purposes.

The entrepreneur had tweeted from Aspen, Colorado her delight in seeing marijuana widely available back in December.

After her 2005 appearance on The Apprentice: Martha Stewart, Frankel was selected to join the cast of The Real Housewives of New York City in 2008.

She launched Skinnygirl, a line of low-calorie cocktails, in 2011, later selling it to Fortune Brands' Beam Global.

She hosted Bethenny, her own talk show, until it was canceled in February 2014. AFP

Bethenny Frankel plans to release marijuana that won't give you munchies. JEWEL SAMAD/ AFP

Stress may cause lack of empathy for strangers

Our ability to express empathy — understanding or vicariously experiencing others' feelings — kicks into action when we get comfortable enough with the strangers in our vicinity, according to a new study.

It doesn't take much to make us comfortable. In fact, spending just 15 minutes playing a video game together or taking a stress-blocking drug could be enough to do the trick, say researchers from McGill University in Montreal.

Like other studies centered on empathy, the team used physical pain as a means to solicit the feeling on the basis that everyone understands pain and that it's easy to measure in a laboratory setting.

In this particular study, which was published in the journal Current Biology, undergraduate participants were asked to submerge their arm in ice-cold water in the presence of a friend, in the presence of a stranger and all alone.

In one scenario, the team administered a stress-blocking drug to two strangers before the experiment and in another they asked two strangers to spend 15 minutes playing the video game Rock Band before plunging their arms into icy water.

The students, who were asked to rate their pain in all scenarios, reported the most pain after enduring the icy water in the presence of a friend. "It would seem like more pain in the presence of a friend would be bad news, but it's in fact a sign that there is strong empathy between individuals — they are indeed feeling each other's pain," said senior author Jeffrey Mogil, a psychology professor at McGill.

At this point, those who were considered friends included the participants who had taken the stress-blocking drug and those who had played the video game together.

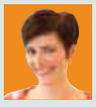
"It turns out that even a shared experience that is as superficial as playing a video game together can move people from the 'stranger zone' to the 'friend zone' and generate meaningful levels of empathy," says Dr. Mogil. "This research demonstrates that basic strategies to reduce social stress could start to move us from an empathy deficit to a surplus."

Indeed, playing Rock Band by themselves created no empathy between strangers. AFP

Get in the game with an elegant venison dish

Theresa's tips

Secrets to cooking wild meats



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

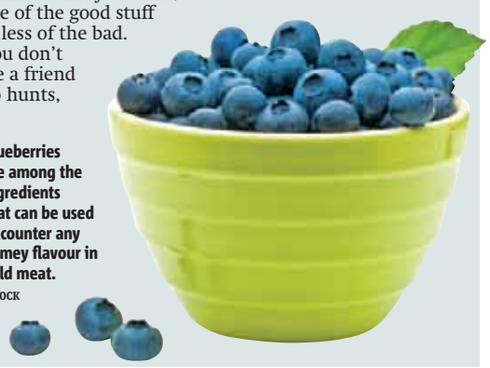
One of the key food trends this year is wild (or at least grass-fed) meats. Maybe that's due to interest in the paleo diet, or maybe it's a symptom of our collective culinary adventuring. But either way, you can't lose by broadening your horizons to include something new.

Game animals move and eat a more varied diet, which makes their meat leaner though sometimes tougher with a better fat profile. Corn-fed animals such as beef cattle tend to contain greater amounts of the more-inflammatory omega 6 and 9 fats, but grass-fed animals have more of the anti-inflammatory omega 3 fat.

That's what you want, more of the good stuff and less of the bad. If you don't have a friend who hunts, butcher shops are stocking more wild cuts and are wonderful sources of tips on how to prepare the unique proteins.

General rules include:

- beginners should chose loin cuts or rib cuts for quick-cook recipes that are more similar to traditional meats;
- game and grass-fed roasts require low and slow, moist cooking methods like braising and stewing;
- be sure your butcher has trimmed all silver skin and as much fat as possible, since game meat fat doesn't taste as good as beef fat and any "silver" is tough and virtually inedible;
- marinate to soften the texture and add flavour;
- don't be afraid to add a bit of butter or duck fat to the meat and/or sauces;
- generally, game meats require less cooking than beef;
- beat any gamey flavour with wild blueberries, juniper berries, thyme, red wine, rich broths, garlic or cream.



Blueberries are among the ingredients that can be used to counter any gamey flavour in wild meat. ISTOCK

Venison Medallions with Sautéed Apple Slices and Wild Blueberry Sauce.

Berries help create a sweet, juicy balance in this savoury dish

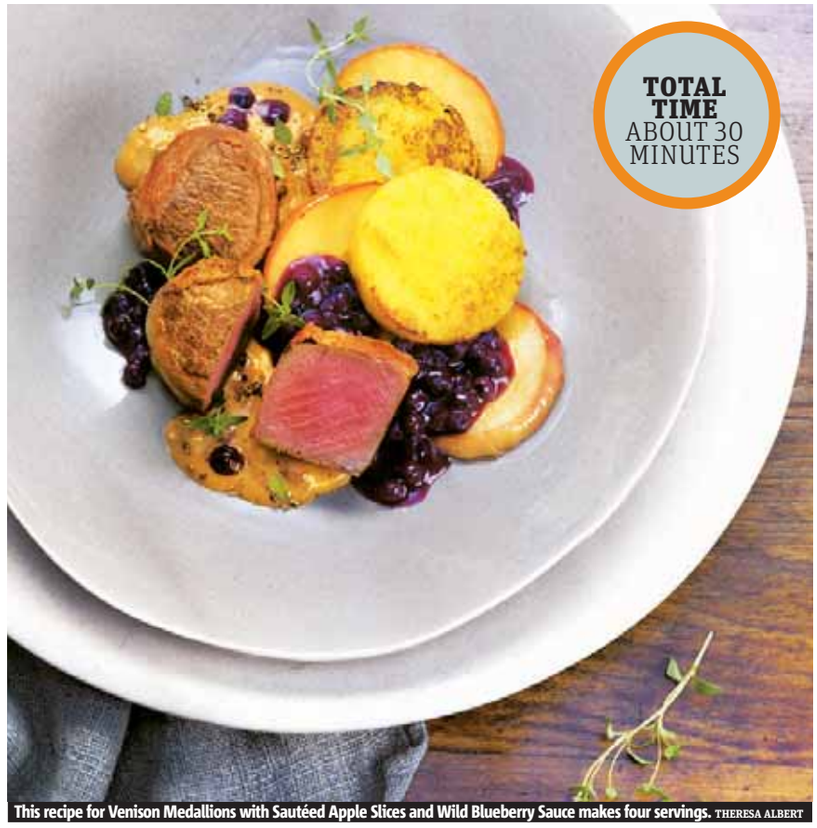
FLASH FOOD

From your fridge to your table in 30 minutes or less

Wild blueberries offer top-notch flavour and nutrients directly from the freezer in seconds. In this recipe, they complement the flavour of venison. But they also work well with pork tenderloin. The trick is to cook the sauce separately so that the deep blue-coloured nutrients don't discolour the meat. Think of them as a way to create a juicy, sweet balance in savoury dishes.

Ingredients

- 1/2 onion, minced
- 1 clove garlic, minced
- 1 tbsp. butter
- Salt and pepper
- 1 cup (240 ml) red wine
- 1 cup (240 ml) rich beef broth
- 3/4 cup (100 g) frozen wild blueberries
- 1/4 cup (60 ml) currant jelly
- 2 red apples
- 1 1/2 lbs (600 g) saddle of venison (or pork tenderloin)
- 1/2 bunch of thyme



This recipe for Venison Medallions with Sautéed Apple Slices and Wild Blueberry Sauce makes four servings. THERESA ALBERT

Directions

1. Preheat oven to 350 F.

2. Sauté onions and garlic in butter, season with salt and pepper and let simmer for 5 minutes. Add wine and beef broth and simmer for 2 minutes. Add frozen wild blueberries and currant jelly and simmer, stirring occasionally for 5 minutes. Remove from heat and cool slightly. Core and slice apples, set aside.

3. Dab venison dry on paper towel and cut into 12 equally sized, thin medallions. Heat 1 tbsp. butter in skillet. Sear medallions on all sides 3-4 minutes and season with salt and pepper.

4. Remove medallions from pan and place in oven until sauce is finished. Add apples to pan with a splash of water or wine if needed.

5. Serve venison medallions with apple slices and wild blueberry sauce. Garnish with fresh thyme leaves.

RECIPE PROVIDED BY THE WILD BLUEBERRY ASSOCIATION OF NORTH AMERICA AT WILDBLUEBERRIES.COM, AND ADAPTED BY THERESA ALBERT.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM.

Home, home on the range: Grill up some bison burgers

This recipe for Bison Burgers makes two patties. CONTRIBUTED

Directions

1. Mix all ingredients together and grill for 7 minutes on each side. Yields 2 delicious bison burgers. (If you wish to make the recipe go further, you can add gluten-free bread crumbs or gluten-free crushed crackers to the mixture.)

2. Serving Suggestion: Top with 1 tbsp. of Spicy Marmalade. To make marmalade, place all ingredients in a small bowl and mix together.

RECIPE COURTESY XYLA

Ingredients

Burgers

- 0.300 kg ground lean bison
- 1/2 cup fresh green onions, chopped
- 4 garlic cloves, minced
- 1 tbsp. Xyla Ketchup
- 3 tbsps. Xyla Sesame Teriyaki sauce
- 2-3 sprinkles cumin powder
- ½ to 1 tsp. crushed red pepper minced to taste
- 1/2 to 1 tsp. freshly ground black pepper

Spicy Marmalade Recipe

- 1 jar peach or apricot jam
- 2 cloves fresh garlic, minced (with pinch of sea salt)
- 1 inch piece of ginger, freshly grated
- 2-3 tbsps. organic white onions, diced
- 1 tsp. crushed red pepper or to taste

Auction

Proceeds from sale of Luongo's gear to support Dice & Ice Benefit

File this under interesting timing.

The Vancouver Canucks announced Monday morning that they will be putting Roberto Luongo's Heritage Classic equipment up for auction in support of the 15th annual Canucks For Kids Fund Dice & Ice Benefit.

The equipment being auctioned off includes Luongo's autographed Heritage Classic pads, glove and blocker, the Canucks stated in a news release.

Luongo didn't play in that game. Instead, Eddie Lack got the start at BC Place Stadium, which accelerated Luongo's trade out of Vancouver.

Other items up for bid include an autographed Hockey Fights Cancer warm-up jersey worn by each member of the Canucks from their game on Oct. 26, 2014, and all-inclusive suite packages for games against the Pittsburgh Penguins on Feb. 7 and Toronto Maple Leafs on March 14.

Now, back to the timing of this announcement: The Canucks battled Luongo and the Florida Panthers on Monday. Back on Jan. 8, in Luongo's first return to Vancouver as a member of the Panthers, he was given a standing ovation as part of an emotional tribute by the Canucks and the fans at Rogers Arena.

The online auction to support the Canucks For Kids Fund is now open, and it closes Jan. 27 at 12 a.m. PST, according to the club. CAM TUCKER/METRO

Derek Dorsett handles the puck ahead of the Panthers' Brian Campbell during the Canucks' third straight win on Monday in Sunrise, Fla. J PAT CARTER/THE ASSOCIATED PRESS

Miller not perfect but still a winner

NHL. Goalie falls short of earning third straight shutout in Canucks' win over Panthers

On Monday

Canucks	Panthers
2	1

His shutout streak over, Ryan Miller is happy to keep winning.

Radim Vrbata and Bo Horvat scored, Miller stopped 23 shots and the Vancouver Canucks beat the Florida Panthers 2-1 on Monday night.

Brandon Pirri spoiled Miller's bid for a third straight shutout with 2:32 remaining, ending the goalie's career-best scoreless streak at 200:45. Miller, who had blanked Philadelphia and Carolina in his last two starts, topped his previous best scoreless streak of 161:35, set in 2010 with Buffalo.

Vancouver won its third straight and improved to 3-1 on a five-game road trip.

"(Keeping the winning streak going) is probably more important," Miller said. "(The shutout streak) was fun while it lasted but the important thing is that we got two points here and we move on to Tampa."

The Panthers outshot the Canucks 10-1 in the third period and finally got on the scoreboard when Pirri got the puck off the faceoff and fired a shot from above the right circle through traffic and past Miller.

"I just couldn't catch up to (the shot). I didn't see (Pirri's) release too well and if I don't see the release I'm probably dead in the water," Miller said.

Miller was solid throughout the game, even after allowing a goal.

"It's disappointing," Vancouver coach Willie Desjardins said. "He made a couple of unbelievable saves; one on the power play. For sure, we wish (the scoreless streak) would have kept going and he deserved it to keep going but that happens sometimes."

THE ASSOCIATED PRESS

Super Bowl tickets coveted by local fans

Ricardo Lockette and the Seahawks have backers on both sides of the border pumped for the big game on Feb. 1. CHRISTIAN PETERSEN/GETTY IMAGES

The Seattle Seahawks, after an epic comeback win in Sunday's NFC championship game, are back in the Super Bowl, and there is growing interest from Vancouver football fans to attend the big game, according to local ticket broker Kingsley Bailey.

However, such tickets for the extravagant experience in Phoenix on Feb. 1 won't be cheap. A search of stubhub.com on Monday revealed the cheapest tickets going for $2,272 US each. Those seats were located in the Upper Corner of the University of Phoenix Stadium.

The most expensive tickets, located in what's called the Lower Prime, were selling for $11,610, however, an earlier search showed tickets in excess of $17,000.

According to stubhub.com, there were 5,209 tickets available on that site Monday afternoon.

The Seahawks head to the Super Bowl as the defending champions, but they'll be in tough against the New England Patriots.

Bailey, who operates Vancouver Ticket and was returning to Vancouver on Monday after taking in Seattle's win over Green Bay at CenturyLink Field, said he has fielded calls from fans about possible ticket packages for the Super Bowl.

"I've got a substantial amount of fans who want to go to the Super Bowl and the majority are from the Vancouver area," said Bailey. "What it's all about is the fans want a winner and if we've got to travel two hours south to see it, that's not that far of a drive. It's pretty reasonable." CAM TUCKER/METRO

NBA

Warriors thump Nuggets 122-79

Klay Thompson scored 22 points, Stephen Curry had 20, and the Golden State Warriors matched a franchise record with their 16th consecutive home win, topping the Denver Nuggets 122-79 on Monday.

THE ASSOCIATED PRESS

MLB

Scherzer, Nationals ink deal: Source

Max Scherzer will become the highest-paid right-handed pitcher ever after agreeing to a $210 million US, seven-year contract with Washington, including a record $50 million signing bonus, according to a source. THE ASSOCIATED PRESS

Max Scherzer in action for Detroit. PAUL BEATY/THE ASSOCIATED PRESS FILE

Africa Cup of Nations

Algeria rallies to beat South Africa

Tournament favourite Algeria avoided an unpleasant surprise at the African Cup of Nations on Monday.

Algeria went behind, then saw South Africa miss a penalty before rallying to win 3-1 to open its campaign. THE ASSOCIATED PRESS

EPL

West Brom holds off Everton

Kevin Mirallas missed a penalty as Everton was held to a 0-0 draw by West Bromwich Albion on Monday.

Mirallas refused to let regular taker Leighton Baines shoot the penalty despite protests of his teammates. THE ASSOCIATED PRESS

Bouchard on to second round

On Tuesday

Raonic rolls past Marchenko

Canada's Milos Raonic defeated Ukrainian qualifier Illya Marchenko 7-6 (3), 7-6 (3), 6-3 to advance to the second round of the Australian Open on Tuesday.

The eighth-seeded Raonic was a semifinalist at Wimbledon, but has never been beyond the fourth round at Melbourne Park in four previous appearances.

THE ASSOCIATED PRESS

Milos Raonic serves on Tuesday in Melbourne, Australia. THE ASSOCIATED PRESS

Australian Open.

Genie Army of fans back in full force behind Canadian star in Melbourne

Eugenie Bouchard powered into the second round of the Australian Open on Monday as the seventh-seeded Canadian star defeated German Anna-Lena Friedsam 6-2, 6-4.

The Genie Army of fans, which came together informally at the event a year ago, was back out in force, cheering on the Westmount, Que., native throughout the 78-minute match.

"The Genie Army started here last year; I'm happy they are still alive and strong," Bouchard said after breaking her 98th-ranked opponent four times and hitting 20 winners along the way.

"The first match of a Grand Slam is never easy, I'm happy to get through," she said.

"I'm so happy to be back in Melbourne. The support here is crazy."

Bouchard broke twice per set in a routine performance against a player who beat her in an entry-level event in 2012.

Eugenie Bouchard finished off German Anna-Lena Friedsam 6-2, 6-4 in 78 minutes on Monday in Melbourne, Australia. HANNAH PETERS/GETTY IMAGES

"I was happy to start strong," said Bouchard.

"Conditions were tough, it was a bit windy and she's a good player. I was happy to stay solid, but there are still a lot of things to improve."

Bouchard will next face Kiki Bertens of the Netherlands, who defeated Australian Daria Gavrilova 7-5 (10-8), 5-7, 6-2.

Melbourne was the venue for Bouchard's breakthrough in 2014, when she reached the final four and duplicated the showing at the French Open before playing in the Wimbledon final.

At Wimbledon last year, Bouchard became the first Canadian to reach a Grand Slam final.

THE CANADIAN PRESS

iMARKETING

WE PUT THE *fun* IN FUNDRAISING

Political Fundraising Call Centre

NOW HIRING

Experienced Outbound Call Centre Sales Reps

- Earn up to $700+ a week with guaranteed hourly wage + daily and weekly performance bonuses
- Flexi schedule for top performers
- Paid every Friday
- Attached to SkyTrain Station
- Fun sales driven atmosphere
- Full time and Part time available
- Seniors and Students welcome

Fluent English and Outbound Sales experience is required.
Call Jatin at 778 928-9041 or 604 681-5779 (EXT #2)

NBA. Nowitzki, Ellis propel Mavs in Memphis

Dirk Nowitzki scored 25 points after missing a game in Denver to rest, and the Dallas Mavericks split a home-and-home set against the Nuggets with a 97-89 victory Friday night.

Tyson Chandler and Rajon Rondo were the other two Dallas starters who sat out the second night of a back-to-back on Wednesday, and their return helped as well.

Chandler had his 17th double-double with 11 points and 16 rebounds.

THE ASSOCIATED PRESS

Dirk Nowitzki guard the Grizzlies' Jeff Green on Monday. THE ASSOCIATED PRESS

Soccer. Loss to Cuba puts Canada U-20s on the brink

Canada has its back to the wall at the CONCACAF under-20 Championship after losing 2-1 to Cuba on Monday.

The defeat dropped Canada's record to 1-3-0 in fifth spot in Group B with one game left to play Thursday against Honduras. Only the top three advance to the playoffs.

Cuba (1-2-1) went ahead early Monday after Nolan Wirth had problems with a clearance and Frank Lopez caught the Canadian goalie off his line. Lopez scored a second just before halftime off a header.

"We weren't nearly good enough in the first half for all the possession that we had and we had pretty much 80 per cent of the ball, I'd say," said Canadian head coach Rob Gale.

"We didn't play with the tempo and the energy that we needed and one mistake on the first goal was absolutely crucial, as you'd see because the opposition slows the game down." THE CANADIAN PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You have started many new things in recent weeks and now you want to see some results.

♉ Taurus
April 21 - May 21
You may be intensely ambitious but don't expect too much too soon. A step at a time will get you where you need to go.

♊ Gemini
May 22 - June 21
So many of the things you have been worrying about will fade away over the next few days. It's doubtful whether they existed in the first place but the important thing is you feel free at last.

♋ Cancer
June 22 - July 23
The planets indicate if you work hard now you will make a name for yourself and make a handsome profit before the end of the month.

♌ Leo
July 24 - Aug. 23
There is no point trying to keep secrets from loved ones because they know you too well and can sense when you are trying to hide something.

♍ Virgo
Aug. 24 - Sept. 23
The Sun moves from one of the more serious areas of your chart today but that doesn't mean you can't have fun. You will, however, have to focus more on work and health issues.

♎ Libra
Sept. 24 - Oct. 23
You can change a number of things over the next few days but if you really want a better day-to-day experience you must change your attitude.

♏ Scorpio
Oct. 24 - Nov. 22
Put other people's needs first today and tomorrow, because if you do a favour for partners and loved ones now they will do no end of favours for you.

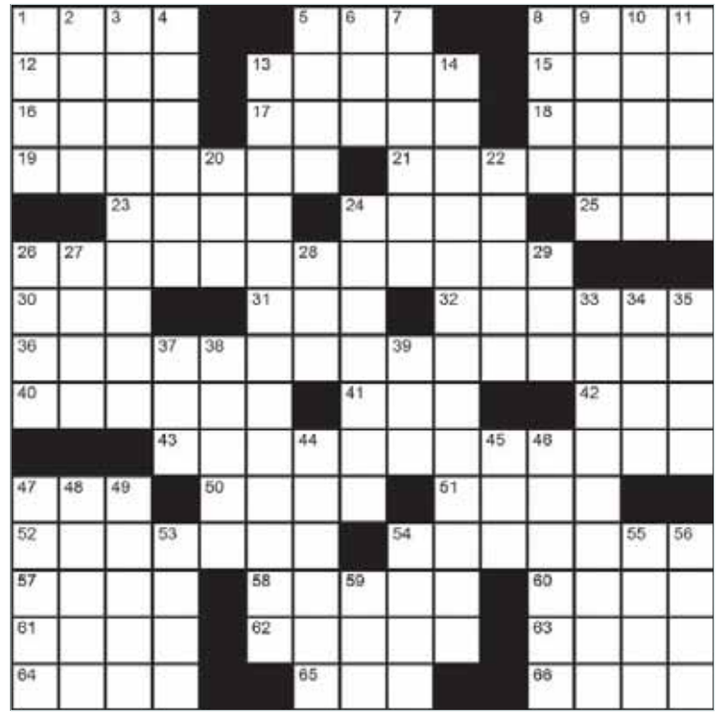
♐ Sagittarius
Nov. 23 - Dec. 21
This is a good time for traveling and having fun with your friends. Don't worry if you are a bit short of cash because you will meet up with someone who enjoys buying you things.

♑ Capricorn
Dec. 22 - Jan. 20
Your head is full of good ideas and some of them may even be great but now you need to get your act together and decide which should be followed up on.

♒ Aquarius
Jan. 21 - Feb. 19
A little bit of effort will go a long way over the next 24 hours. All things are possible if you desire them enough.

♓ Pisces
Feb. 20 - March 20
You will be in a thoughtful mood today and that's good because the more you think about certain issues now the more likely it is they will work out for you later.

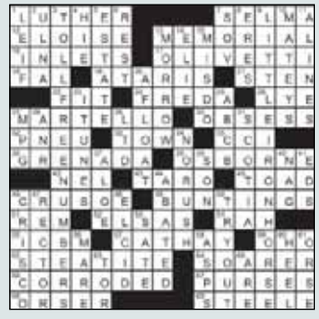
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Medieval chest
5. Dickens character
8. Pining
12. #13-Down ingr.
13. Songstress Ms. Black
15. Island of Indonesia
16. Test product
17. "I shall never see _ __ lovely as..." - Joyce Kilmer
18. Ottawa Senators Right Wing Mr. Condra
19. Pertaining to goats
21. Microsoft game console: 2 wds.
23. How music might be released: wd. + acr.
24. Person departing
25. Mr. Knight
26. 1847: M-H = __-__ (Agricultural machinery manufacturer founded in Newcastle, ON)
30. 'Meth' suffix
31. Low: French
32. High IQ society member
36. __ __ of Canada (Art program maintained by Library and Archives that depicts historic Canucks): 2 wds.
40. Lippy one
41. Time off letters
42. Jogged
43. Steven Blaney = Canada's Minister of __ __
47. Eggs, scientifically
50. US Attorney General Mr. Holder
51. Musical instrument
52. "Star Trek" alien
54. Light bulb type
57. Applaud
58. Tibet's neighbour
60. Mother: French
61. Hertz rival
62. Dentist's feared tool
63. European erupter
64. Movie company
65. Fixed
66. Canadian rebel Louis

Down
1. 'High Voltage' band
2. Ms. Perlman
3. Oscar Peterson and Glenn Gould, at times
4. Fallen-to-forest-floors findings
5. Tube
6. UN workers' gr.
7. Reflex-testing hammer
8. Wild goat
9. Futuristic card
10. "Crazy" songstress Patsy
11. Boosted
13. Coffee Crisp, for one: 3 wds.
14. Actress from London, ON who stars as Amy Fleming on CBC's "Heartland": 2 wds.
20. Beverage brrrr-er
22. Oxford University college
24. __ bypass surgery
26. Driving directions drawings
27. Buffalo type
28. Yes, in Japan
29. Prog. on Mike Myers' resume
33. Ecosystem of Tanzania famous for the land migration of wildlife
34. Smell _ __ (Be suspicious)
35. Central Park locale: acr. + acr.
37. Meal-making measurement, mini-ly
38. J.R.R. Tolkien = John Ronald __ Tolkien
39. Health supplements store
44. Ocean crossers
45. Certain ISP
46. Liza __ (Kitchener, ON born host of Global's "The Morning Show")
47. Killer whales
48. Car company
49. At full force, poetically
53. __-daisy!
54. Cease
55. Coastal bird, variantly
56. Actress Patricia
59. "American __" (1999)

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

5	3	2	9	8	1	7	4	6
7	9	1	2	4	6	3	5	8
4	8	6	5	7	3	2	1	9
1	2	8	4	5	9	6	7	3
6	5	3	1	2	7	9	8	4
9	4	7	6	3	8	1	2	5
2	6	9	8	1	5	4	3	7
8	7	4	3	9	2	5	6	1
3	1	5	7	6	4	8	9	2

		9	4	8		7	5	
8								
2					5			9
		2						3
4				1				5
3						9		
9			3					2
								8
	7	8		2	4	6		

©2015 Conceptis Puzzles. Dist. by King Features Syndicate, Inc.

Make 2015 the year you become debt free!

There is no better time than now! If you have debt and would like to find out your options or get some financial advice from a licenced Trustee and Certified Accountant, give us a call! We can help.

604 310 8888 GTdebt.ca

Sandra Soroka
Senior Manager
E Sandra.Soroka@ca.gt.com

Blake Elyea, CPA, CGA, CIRP
Proposal Administrator, Trustee
E Blake.Elyea@ca.gt.com

Free credit and debt counselling.
Phone consultations available.
Locations in:Vancouver (Resident), Langley, Port Coquitlam & Burnaby

Grant Thornton
Proposal Administrator & Trustee in Bankruptcy
Grant Thornton Limited. A Canadian Member of Grant Thornton International Ltd.

Burnaby
COMMUNITY & CONTINUING EDUCATION

HAVE YOU GRADUATED FROM HIGH SCHOOL?

NO

REGISTER NOW

To complete your high school diploma. IT'S TUITION FREE. We have day & night school programs to suit your needs

CALL EMMA AT 604.296.6901
for more information

YES

If you need to upgrade your English and Math skills to a grade 10 level,

REGISTER FOR OUR FOUNDATIONS CLASSES

If you need to upgrade your grade 11 & 12 courses for employment, college or university,

REGISTER NOW!

After May 1st, Grade 11 and 12 courses will no longer be TUITION FREE

CALL EMMA AT 604.296.6901
for more information

BOARD OF EDUCATION BURNABY SCHOOL DISTRICT 41

www.burnabycce.ca • 604.296.6901